The Adult Autism Spectrum Quotient (AQ50)

Ages 16+

Patient Name: Date:

1. I prefer to do things with others rather than on my own.	definitely agree ☐	slightly agree ☐	slightly disagree ☐	definitely disagree ☐
2. I prefer to do things the same way over and over again.	definitely agree ☐	slightly agree ☐	slightly disagree ☐	definitely disagree ☐
3. If I try to imagine something, I find it very easy to create a picture in my mind.	definitely agree ☐	slightly agree ☐	slightly disagree ☐	definitely disagree ☐
4. I frequently get so strongly absorbed in one thing that I lose sight of other things.	definitely agree ☐	slightly agree ☐	slightly disagree ☐	definitely disagree ☐
5. I often notice small sounds when others do not.	definitely agree ☐	slightly agree ☐	slightly disagree ☐	definitely disagree ☐
6. I usually notice car number plates or similar strings of information.	definitely agree ☐	slightly agree ☐	slightly disagree ☐	definitely disagree ☐
7. Other people frequently tell me that what I've said is impolite, even though I think it is polite.	definitely agree ☐	slightly agree ☐	slightly disagree ☐	definitely disagree ☐
8. When I'm reading a story, I can easily imagine what the characters might look like.	definitely agree ☐	slightly agree ☐	slightly disagree ☐	definitely disagree ☐
9. I am fascinated by dates.	definitely agree ☐	slightly agree ☐	slightly disagree ☐	definitely disagree ☐
10. In a social group, I can easily keep track of several different people's conversations.	definitely agree ☐	slightly agree ☐	slightly disagree ☐	definitely disagree ☐
11. I find social situations easy.	definitely agree ☐	slightly agree ☐	slightly disagree ☐	definitely disagree ☐
12. I tend to notice details that others do not.	definitely agree ☐	slightly agree ☐	slightly disagree ☐	definitely disagree ☐
13. I would rather go to a library than a party.	definitely agree ☐	slightly agree ☐	slightly disagree ☐	definitely disagree ☐
14. I find making up stories easy.	definitely agree ☐	slightly agree ☐	slightly disagree ☐	definitely disagree ☐
15. I find myself drawn more strongly to people than to things.	definitely agree ☐	slightly agree ☐	slightly disagree ☐	definitely disagree ☐
16. I tend to have very strong interests which I get upset about if I can't pursue.	definitely agree ☐	slightly agree ☐	slightly disagree ☐	definitely disagree ☐

17. I enjoy social chit-chat.	definitely agree ☐	slightly agree ☐	slightly disagree ☐	definitely disagree ☐
18. When I talk, it isn't always easy for others to get a word in edgeways.	definitely agree ☐	slightly agree ☐	slightly disagree ☐	definitely disagree ☐
19. I am fascinated by numbers.	definitely agree ☐	slightly agree ☐	slightly disagree ☐	definitely disagree ☐
20. When I'm reading a story, I find it difficult to work out the characters' intentions.	definitely agree ☐	slightly agree ☐	slightly disagree ☐	definitely disagree ☐
21. I don't particularly enjoy reading fiction.	definitely agree ☐	slightly agree ☐	slightly disagree ☐	definitely disagree ☐
22. I find it hard to make new friends.	definitely agree ☐	slightly agree ☐	slightly disagree ☐	definitely disagree ☐
23. I notice patterns in things all the time.	definitely agree ☐	slightly agree ☐	slightly disagree ☐	definitely disagree ☐
24. I would rather go to the theatre than a museum.	definitely agree ☐	slightly agree ☐	slightly disagree ☐	definitely disagree ☐
25. It does not upset me if my daily routine is disturbed.	definitely agree ☐	slightly agree ☐	slightly disagree ☐	definitely disagree ☐
26. I frequently find that I don't know how to keep a conversation going.	definitely agree ☐	slightly agree ☐	slightly disagree ☐	definitely disagree ☐
27. I find it easy to "read between the lines" when someone is talking to me.	definitely agree ☐	slightly agree ☐	slightly disagree ☐	definitely disagree ☐
28. I usually concentrate more on the whole picture, rather than the small details.	definitely agree ☐	slightly agree ☐	slightly disagree ☐	definitely disagree ☐
29. I am not very good at remembering phone numbers.	definitely agree ☐	slightly agree ☐	slightly disagree ☐	definitely disagree ☐
30. I don't usually notice small changes in a situation, or a person's appearance.	definitely agree ☐	slightly agree ☐	slightly disagree ☐	definitely disagree ☐
31. I know how to tell if someone listening to me is getting bored.	definitely agree ☐	slightly agree ☐	slightly disagree ☐	definitely disagree ☐
32. I find it easy to do more than one thing at once.	definitely agree ☐	slightly agree ☐	slightly disagree ☐	definitely disagree ☐
33. When I talk on the phone, I'm not sure when it's my turn to speak.	definitely agree ☐	slightly agree ☐	slightly disagree ☐	definitely disagree ☐
34. I enjoy doing things spontaneously.	definitely agree ☐	slightly agree ☐	slightly disagree ☐	definitely disagree ☐
35. I am often the last to understand the point of a joke.	definitely agree ☐	slightly agree ☐	slightly disagree ☐	definitely disagree ☐
36. I find it easy to work out what someone is thinking or feeling just by looking at their face.	definitely agree ☐	slightly agree ☐	slightly disagree ☐	definitely disagree ☐

37. If there is an interruption, I can switch back to what I was doing very quickly.	definitely agree ☐	slightly agree ☐	slightly disagree ☐	definitely disagree ☐
38. I am good at social chit-chat.	definitely agree ☐	slightly agree ☐	slightly disagree ☐	definitely disagree ☐
39. People often tell me that I keep going on and on about the same thing.	definitely agree ☐	slightly agree ☐	slightly disagree ☐	definitely disagree ☐
40. When I was young, I used to enjoy playing games involving pretending with other children.	definitely agree ☐	slightly agree ☐	slightly disagree ☐	definitely disagree ☐
41. I like to collect information about categories of things (e.g. types of car, types of bird, types of train, types of plant, etc.).	definitely agree ☐	slightly agree ☐	slightly disagree ☐	definitely disagree ☐
42. I find it difficult to imagine what it would be like to be someone else.	definitely agree ☐	slightly agree ☐	slightly disagree ☐	definitely disagree ☐
43. I like to plan any activities I participate in carefully.	definitely agree ☐	slightly agree ☐	slightly disagree ☐	definitely disagree ☐
44. I enjoy social occasions.	definitely agree ☐	slightly agree ☐	slightly disagree ☐	definitely disagree ☐
45. I find it difficult to work out people's intentions.	definitely agree ☐	slightly agree ☐	slightly disagree ☐	definitely disagree ☐
46. New situations make me anxious.	definitely agree ☐	slightly agree ☐	slightly disagree ☐	definitely disagree ☐
47. I enjoy meeting new people.	definitely agree ☐	slightly agree ☐	slightly disagree ☐	definitely disagree ☐
48. I am a good diplomat.	definitely agree ☐	slightly agree ☐	slightly disagree ☐	definitely disagree ☐
49. I am not very good at remembering people's date of birth.	definitely agree ☐	slightly agree ☐	slightly disagree ☐	definitely disagree ☐
50. I find it very easy to play games with children that involve pretending.	definitely agree ☐	slightly agree ☐	slightly disagree ☐	definitely disagree ☐

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Name: